

Menu subject to change



Alto ISD Cafeteria Menu for October 2009

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
				1 BREAKFAST	2 BREAKFAST
				Blueberry Waffle	Biscuit n Smokies
				LUNCH	LUNCH
				Sloppy Joe	Jacket Burger
				Pickle Spears	Burger salad
				Tots/Brownie	Fruit/Chips
	5 BREAKFAST	6 BREAKFAST	7 BREAKFAST	8 BREAKFAST	9 BREAKFAST
	Cinnamon Roll	Oatmeal	Biscuit/Bacon/Eggs	Pancakes	Biscuit n sausage
Toast n Cereal	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
served everyday	Chili dog	Smokie Bites	Chicken Strips	Pizza	BBQ Sandwich
as 2nd choice	Baked Beans	BBQ Beans/Corn on cob	Mashed potatoes	Corn	Potatoe Salad
for breakfast	Apple/Fritos	Roll	Green beans/Roll	Orange Wedges/Cookie	Baked Beans/Chips
	12 BREAKFAST	13 BREAKFAST	14 BREAKFAST	15 BREAKFAST	16 BREAKFAST
Variety of milk	Pig n blanket	Cinnamon Toast	Toast n Eggs	Jumbo Waffle	Biscuit n sausage
served with	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
every meal	Mini Corndogs	Chili & Beans Bowl	Oven Fried chicken	Steakfingers	Jacket Burger
	Mac/Cheese	Mexican Corn	Mashed potatoes	Cheesy Potatoes	Burger salad
	Sweet Peas/Peaches	Cornbread/Fruit cup	Green beans/Roll	Pinto Beans/Roll	Tots/Fruit
100% Fruit	19 BREAKFAST	20 BREAKFAST	21 BREAKFAST	22 BREAKFAST	23 BREAKFAST
juice served at	Muffin	Oatmeal	Biscuit/Bacon/Eggs	Breakfast Pizza	Biscuit n sausage
breakfast	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
	Chili dog	Ham & Cheese Sandwich	Chicken Spaghetti	Pizza	Steak Sandwich
	Baked Beans	Tots/Lettuce n pickles	Blackeyed peas	Peas n Carrots	Pickle Spears
	Apple/Fritos	Peach cup	Mixed Fruit/Garlic Bread	Fruit	Beans/Chips
	26 BREAKFAST	27 BREAKFAST	28 BREAKFAST	29 BREAKFAST	30 BREAKFAST
	Breakfast Pizza	Breakfast Hotpocket	Toast n Eggs	Pancakes	Biscuit n sausage
	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
	Mini Corndogs	Spaghetti/Meatballs	Oven Fried chicken	Taco Salad	Jacket Burger
	Mac/Cheese	Tossed Salad/Fruit	Mashed potatoes	Mexican Corn/Salsa	Burger salad
	Sweet Peas/Peaches	Garlic Bread	Green beans/Roll	Peach cup	Tots/Ice Cream Cup

