

## **Student Health Advisory Committee (SHAC)**

### **2020-2021 Programs**

- **Fitness Gram** (performed during PE)
- **Fantastic Teeth Program** promoting dental hygiene sponsored by local Masonic Lodge
- Partnership with **Lions Club of Alto** and the eye center at Wal-Mart in Jacksonville. The Lions Club provides FREE vision screens and eye glasses for those who qualify.
- **Vision and Hearing Screens** every other year at school, including scoliosis screening
- **Sex Education** (for 7<sup>th</sup>-12<sup>th</sup>) and **Personal Hygiene education** (beginning in 4<sup>th</sup>)
- **Immunization Clinics** – September 2020
- Weekend **Backpack Food Program**
- **Partnership with Texas A&M AgriLife Extension Service** to provide students:
  - **Learn, Eat, Grow, Go** program which focuses on growing, harvesting and preparing our own food with a strong focus on nutrition and physical health
  - **Distracted Driver** program for teens
  - **When Sean Speaks** presentation educating teens that alcohol, automobiles, and asphalt DO NOT MIX
- **Angelina College Phlebotomy program** for juniors and seniors
- **Allergy and Anaphylaxis Training** for all employees