 Sick Day Guidelines for

 Parents

*\*\*Making the Right Call When your child is sick\*\**

School policy and state law require a child stay home if he or she:

**∙Has a fever of 100 degrees or higher**

**∙Has been vomiting or had diarrhea**

**∙Has symptoms that keep your child from participating in class, such as:**

 \* Very tired or lack of appetite

 \* A cough that he/she cannot control

 \* Frequent sneezing

 \* Severe sore throat

 \* Headache, body aches, earache

**\*Please keep your child home from school if coughing, sneezing and running a fever because this spreads illness to other children\***

**The 24 Hour Rule:**



* **FOR FEVER:** Keep your child home until his or her fever has been

gone WITHOUT medicine for 24 hours. Returning too soon may slow the recovery process and cause others to be sick as well

* **FOR VOMITING AND DIARRHEA**: Keep your child home for 24 hours

following the last time they had diarrhea or vomited

* **ANTIBIOTICS**: Your child must be on antibiotics for at least 24 hours

for treating infections before returning to school

PLEASE HELP PREVENT THE SPREAD OF ILLNESS BY KEEPING YOUR CHILD AT HOME WHEN SICK. REMINDING OUR CHILDREN TO PRACTICE GOOD HYGIENE WHEN SICK IS THE BEST LINE OF DEFENSE

**\*\*\*Please contact your nurse for more information\*\*\***